



# **FULL CONTACT YOUTH FOOTBALL CAMP**

## **Camp Information**

- Date:** Session 1: July 14<sup>th</sup> – July 18<sup>th</sup>  
Session 2: July 21<sup>st</sup> – July 25<sup>th</sup>
- Time:** 6pm – 8pm / Mon. – Fri.
- Grades:** Session 1: 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> (*Mitey Mite & Jr. Pee Wee*)  
Session 2: 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> (*Jr. Pee Wee & Pee Wee*)
- Location:** Center City Arena (Across from Proctors Theatre)
- Cost:** \$125.00 (*Register early - Limited space - 32 Campers per session*)
- Register:** online at [www.Centercityarena.org](http://www.Centercityarena.org)
- Attire:** Campers need to obtain full football equipment from their Pop Warner or Youth Organization.  
T-Shirt/Shorts/Sneakers or Turf Shoes. NO CLEATS.
- Camp Content:** Learn the fundamentals of football including stance, starts, blocking, receiving and game situations.  
Friday is GAME DAY!!!  
**Note: Day 1- Campers in Helmets & Shorts Only**

---

### **Team Rhino:**

**Chuck Dukes**, Running Back (Boston College, NFL Pittsburg Steelers, World League Rhine Fire)

**Chad Dukes**, Running Back (University of Pittsburg, NFL Washington Redskins, St. Louis Rams, Arena Bowl Champion Colorado Crush)

**Coaches**, Local Youth and Pop Warner Youth Coaches

For more info contact [Cdukesbc33@yahoo.com](mailto:Cdukesbc33@yahoo.com) or call 518-210-2880